





## 18 - 22 SEPTEMBER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	YOGURTWITH CORN FLAKES*	BOILED EGG*, CHEESE CREAM*, HONEY, SLICED GREEN OLIVES, MIXED VEGETABLES (CUCUMBERS AND PEPPERS), BREAD*	HOT SANDWICH WITH CHEESE*, BUTTER*, APRICOT JAM, SLICED BLACK OLIVES, MIXED VEGETABLES (CARROTS, CUCUMBERS AND PEPPERS)	BUTTER*, HONEY, SPREAD WITH CREAM CHEESE*, SLICED GREEN OLIVES, MIXED VEGETABLES (CUCUMBERS AND TOMATOES)	OMELETTE*, MOZZARELLA*, SLICED BLACK OLIVES, MIXED VEGETABLES (CARROTS AND CUCUMBERS), BUTTER*, APRICOT JAM, BREAD*
SOUP	CHICKEN SOUP WITH GREENS* (ONION, CELERY, PARSNIP, CARROTS, PEPPERS, PEAS, CHICKEN MEAT, PARSLEY)	VEGETABLE SOUP WITH PARSLEY* (ONION, CELERY, PARSNIP, CARROTS, PEPPERS, PEAS, TOMATOES, POTATOES, PARSLEY)	MUSHROOM SOUP* (ONION, MUSHROOMS MIX, BUTTER, SOUR CREAM)	TOMATO CREAM SOUP* (ONION, CELERY, PARSNIP, CARROTS, PEPPERS, GARLIC, TOMATOES)	BEEF SOUP* (ONION, CELERY, PARSNIP, PEPPERS, CARROTS, PEAS, TOMATOES, BEEF MEAT, PARSLEY)
MAIN COURSE	BAKED CHICKEN	BAKED BREADED COD * (COD FILLET, EGG, BREADCRUMBS)	BEFF FAJITAS  (BEEF MEAT, RED BELL PEPPER, GREEN BELL PEPPERS, YELLOW BELL PEPPERS)	PEAS WITH CHICKEN (ONION, CARROTS, PEAS, TOMATOES, CHICKEN MEAT, PARSLEY)	BEEF STEW (ONION, PEPPERS, CARROTS, TOMATOES, BEEF MEAT)
SIDE DISH	ORZO PASTA* (BUTTER, ORZO PASTA)	MASHED POTATOES* (POTATOES, BUTTER, MILK)	RICE* ( BUTTER, RICE)	NOODLES WITH VEGETABLES* (NOODLES WITH EGG, ONION, PEPPERS, BUTTER)	BULGUR* ( BUTTER, BULGUR)
SALAD – MIXED VEGETABLES	MIXED VEGETABLES – CUCUMBERS AND CARROTS	MIXED VEGETABLES – RED CABBAGE AND CARROTS	MIXED VEGETABLES – CUCUMBERS AND CORN	MIXED VEGETABLES – PEPPERS AND CARROTS	MIXED VEGETABLES – CUCUMBERS AND TOMATOES
SEASONAL FRUITS/ DESSERT	SEASONAL FRUIT – NECTARINE	SEKERPARE – WALNUT BISCUITS * (FLOUR, SEMOLINA, BUTTER, EGG, SUGAR, WALNUTS)	SEASONAL FRUIT – WATERMELON	CHOCOLATE PUDDING WITH COCONUT FLAKES* (MILK, BUTTER, CHOCOLATE, COCONUT FLAKES)	SEASONAL FRUIT - PEAR

Food products may contain cereals containing gluten (wheat, rye, barley, oats, spelled wheat, buckwheat or their hybrids) and derived products\*, eggs and derived products\*, milk and derived products (including lactose)\*, celery and derived products\*, sesame seeds and derived products\*

CHEF BAHRI BAHAR NUTRITIONIST TECHNICIAN GEORGETA GURIN-MARIAN

